

# Constructive Communication

## STEPS TO HEAL THE DIVIDE



## Greater Toledo Compassionate Community Forum

November 1, 2017, 2 - 4 PM

United Way of Greater Toledo, 424 Jackson St, Toledo, Ohio 43604

- Registration and Refreshments at 1:30 PM to ensure a prompt start
- Overview of the Issue
  - Common Strategies to Deal with Conflict
  - Violent Communication
  - Non-Violent Communication
  - Active Listening
- Speakers - Rev. Hafidha Saadiqah and other community leaders
- Role Play of Conversation Styles
- Scripting of Constructive Response to Conflict
- Brainstorming - Follow-up

### **Peace is the Way: On not becoming what you resist**

It is not uncommon to see expressions of opposition [...] that pulse with hate, anger, and stereotyping. If you want to effect **positive transformation** in the world, [...] you cannot do it by perpetuating unforgiveness and hate. The quality of energy and power by which you act will determine the outcome.

- Tricia Gates Brown.

<https://theologyofnonviolentresistance.wordpress.com/2017/09/18/peace-is-the-way-on-not-becoming-what-you-resist/>